

Metal Level Guide

Health plans on Washington Healthplanfinder™ come in three categories, called metal levels. The difference between the metal levels is what percentage of the cost of care they cover, but they all offer the same benefits.

Answer a few questions about yourself	Bronze	Silver	Gold
How often do you go to the doctor?	Annual physical	1-3 times/year	4+ times/year
Do you have any ongoing medical needs? (For example - mental health care, physical therapy, etc.)	No	Yes	Yes
How many prescription drugs do you need or use?	No monthly prescription drugs	1-3 prescription drugs	4+ prescription drugs
Are you planning to have surgery or have a baby?	No	Maybe	Yes
If you get sick, you would be willing to pay a...	\$5,500-\$9,100 deductible*	\$2,500-\$4,500 deductible*	\$500-\$2,300 deductible*
Are you interested in savings opportunities?	No	Yes	Yes

Coverage



*This is an educational tool only and is not intended as a plan recommendation. Health insurance plans differ.
Based on 2025 plan pricing.



Plans with the Cascade Care logo are eligible for monthly premium savings with Cascade Care Savings. Choose a **Cascade Silver or Gold plan** to see if you are eligible for Cascade Care Savings.