



## Gargaarsa Deeggartuu Afaan Oromoo

### Wiirtuuleen galmee

Wiirtuuleen galmee tajaajila gargaarsaa baasii tokko malee siif kennu. Gargaartoonni dallaalotaafi abuurtota mirkanaa’an kan dabalatudha.

### Dallaalonni mirkanaa’an

Dallaalonni mirkanaa’an karoora bittaa, gargaarsa maallaqaa hubachuufi akka galmooftu si gargaaru.

### Abuurtonni

Abuurtonni galmaa'uufi gaaffii waliigalaa deebii siif kennu.

### Ajaajilawwan Gargaaraa

Tajaajilawwan gargaaraa qaamaanis ta’e bilbilaan ni argama. Wiirtuuwwan galmee harmaan gadii Afaan Oromoo isin gargaaruu danda'u. Gaaffii yoo qabaattan isaan qunnamaa.

#### **Better Health Together**

Adams, Ferry, Lincoln, Pend Oreille, Spokane, Stevens

[1-509-370-5605](tel:1-509-370-5605)

[bhtnavigatorstaff@betterhealthtogether.org](mailto:bhtnavigatorstaff@betterhealthtogether.org)

#### **Confluence Health**

Chelan, Douglas, Grant, Okanogan

[1-509-436-4045](tel:1-509-436-4045)

[sm\\_ch\\_lead\\_org@confluencehealth.org](mailto:sm_ch_lead_org@confluencehealth.org)

#### **Greater Health Now**

Asotin, Benton, Columbia, Franklin, Garfield, Walla Walla, Whitman

[1-509-567-5317](tel:1-509-567-5317)

[wahbequestions@greaterhealthnow.org](mailto:wahbequestions@greaterhealthnow.org)

### **Peninsula Community Health Services**

Kitsap

[1-360-377-3776](tel:1-360-377-3776)

[eligibility@pchsweb.org](mailto:eligibility@pchsweb.org)

### **Public Health Seattle & King County**

Clallam, King, Jefferson, Snohomish

[1-800-756-5437](tel:1-800-756-5437)

[chap@kingcounty.gov](mailto:chap@kingcounty.gov)

### **Sea Mar Community Health Centers**

Clark, Cowlitz, Grays Harbor, Island, Klickitat, Lewis, Mason, Pacific, Pierce, Skagit, Skamania, Thurston, Wahkiakum, Whatcom

[1-855-289-4503](tel:1-855-289-4503)

[seamaripa@seamarchc.org](mailto:seamaripa@seamarchc.org)

### **Yakima Neighborhood Health Services**

Kittitas, Yakima

[1-509-853-2377](tel:1-509-853-2377)

[navigators@ynhs.org](mailto:navigators@ynhs.org)

### **Abuurtonni**

#### **Zemen Kidanu**

NeighborCare Health

[1-206-461-6950](tel:1-206-461-6950)

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#### **Meti Duressa**

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\*Tarree kana yeroo hunda haaromsuuf yaalla garuu odeeffannoon kun tokko tokko yeroo ammaa ta'uu dhiisuu danda'a. Tarreen kun yeroo dhumaaf akka 1/22/2026 tti fooyya'e.